Vaccine and treatment

No vaccine or specific treatment available for 2019 novel coronavirus. However, many of the symptoms can be treated based on the Patient’s clinical condition.

NB:
Please report to the nearest Health facility, should you experience any of the above-mentioned symptoms.

Please contact us if you suspect a case:

Public Health Operation Centre
Tel: 061 203 2111
Cell: 0817840710

Port Health Services
Tel: 061 2032781

IEC/Health promotion
Tel: 0612032787

For further updates:
https://www.who.int/health-topics/coronavirus
What are Coronaviruses?

Coronaviruses (CoV) are large family of viruses that cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV).

A novel coronavirus is a new strain that has not been previously identified in humans. Coronaviruses are zoonotic meaning they are transmitted between animals and people.

Sign and Symptoms

Common signs of infection include respiratory symptoms,

- Fever [≥ 38 °C]
- Cough
- Shortness of breath and breathing difficulties
- Fatigue

In more severe cases, infection can cause

- Pneumonia
- Severe acute respiratory syndrome (SARS)
- Kidney failure
- Death

Mode of transmission

Most coronaviruses spread the same way as common cold through:

- Infected people coughing and sneezing,
- Touching an infected person's hands or face,
- Touching things such as doorknobs that infected people have touched
- Rarely, faecal contamination

Prevention

- Regular hand washing with soap and running water or alcohol-based hand rub
- Always cover your mouth and nose when coughing or sneezing with disposable tissue or flexed elbow
- Thoroughly cook meat, poultry, seafood and eggs
- Avoid close contact with anyone showing symptoms of respiratory illness such as coughing and sneezing
- Avoid direct unprotected contact with live animals and surfaces that are in contact with animals
- Avoid touching your eyes, nose, and mouth with unwashed hands